

**Information and Consent Form
Equine Assisted Psychotherapy**

**Kathleen Choe
Licensed Professional Counselor – Supervisor
Certified Equine Assisted Psychotherapist**

**Shanna Monique Overmyer
Equine Professional**

Welcome! Please read the following form and sign/date it at the bottom to ensure that you understand our professional relationship as your Equine Assisted Psychotherapists.

Kathleen is licensed by the State of Texas and certified in Trauma Focused Equine Assisted Psychotherapy. Monique is trained as an Equine Specialist, and assists with managing both the horse psychology and safety. We work as a team, using the Natural Lifemanship model in our equine therapy, which may involve both ground and mounted work, to address trauma and other issues you may be working through in the counseling process.

Sessions are an hour long at a rate of \$175 per session, which covers both the therapist's and equine professional's fees as well as use of the horses and South Wind Equestrian Center. Except in case of an emergency, please allow 24 hours for cancellations to avoid being charged a \$100 late cancellation fee. A no show with no notification will be charged at the full rate of \$175.

As the client, you understand that while we will make every attempt to monitor your safety while you are working with your horse both on the ground and while mounted, we carry no liability for any injury caused while you are engaged in equine therapy.

Counseling Confidentiality

What you share with us and any records kept regarding your counseling will be held in strict confidence. Clinical records of your treatment will be securely maintained for at least the time frames required by law. Exceptions to confidentiality include serious threats to health/safety, child/elder abuse, and judicial/administrative proceedings involving a court order regarding your records. While there may be other therapy sessions or riding lessons occurring in other round pens during your session time, we will do our utmost to safeguard your privacy and confidentiality.

Client/Guardian signature

Date

Client/Guardian signature

Date